



Junior Activities Timetable

Ammanford Leisure Centre

MONDAY

Time	Activity	Coach	Age	Location	Cost
4.00 – 4.30pm	NEW! Skills check	Cath	-	Sports Hall	FREE*
4.30 – 5.30pm	NEW! Mini Netball	Cath	-	Sports Hall	£15 a month

TUESDAY

Time	Activity	Coach	Age	Location	Cost
4.00 – 4.30pm	NEWYDD! Skills Check	Emily	-	Sports Hall	FREE*
4.30 – 5.30pm	NEWYDD! Mini Hockey	Emily	-	Sports Hall	£15 a month

THURSDAY

Time	Activity	Coach	Age	Location	Cost
4.30 – 5.00pm	NEWYDD! Skills Check	Zac	-	Sports Hall	FREE*
4.30 – 5.30pm	DanceFit	Pam	3+	Sports Hall	£3.50
5 – 6pm	NEWYDD! Skills for Sport	Zac	-	Sports Hall	£15 a month

FRIDAY

Time	Activity	Coach	Age	Location	Cost
4 – 5pm	Soccer Tots	Keanu	-	Sports Hall	£3.50

SATURDAY

Time	Activity	Coach	Age	Location	Cost
9.30 – 10am	NEWYDD! Skills Check	Zac	-	Sports Hall	FREE*
10 – 11am	Balance Bikes	Dan	3+	Sports Hall	£3.50

* **Skills check:** All children wishing to be part of one of our passport programmes will need to attend a Skills check session first so that we can assess your child and signpost them to the correct passport programme.