



Junior Activities Timetable

Carmarthen Leisure Centre

MONDAY					
Time	Activity	Coach	Age	Location	Cost
4.15 – 4:45pm	Skills Check	Megan	-	Dance Studio	FREE*
5 – 5:45pm	Mini Netball	Megan	-	Sports Hall	£15 a month
TUESDAY					
Time	Activity	Coach	Age	Location	Cost
4 – 4.45pm	Skills for Sport	Megan	-	Dance Studio	£15 a month
5 – 5:45pm	Mini Hockey	Megan	-	Sports Hall	£15 a month
6.30 – 7.15pm	Junior Synrgy	Huw	11-13yrs	Synrgy Room	£3.50
WEDNESDAY					
Time	Activity	Coach	Age	Location	Cost
4.15 – 5pm	Soccer Tots	Megan	3-4yrs	Sports Hall	£3.50
5:15-6pm	Mini Football	Megan	5-7yrs	Sports Hall	£3.50
THURSDAY					
Time	Activity	Coach	Age	Location	Cost
4:30-5:15pm	Athletics	Nicole	-	Dance Studio	£15 a month
SATURDAY					
Time	Activity	Coach	Age	Location	Cost
9.15 – 9:45am	Skills Check	Nicole	-	Dance Studio	FREE*
10am-10:45am	Cycling	Nicole	-	Sports Hall	£15 a month
9.30 – 10.30am	Squash (Beginners)	Jenny	7-16 yrs	Squash Courts	£3.50
10.30 – 12.30am	Squash (Improvers)	Jenny	7-16 yrs	Squash Courts	£3.50

* **Skills check:** All children wishing to be part of one of our passport programmes will need to attend a Skills check session first so that we can assess your child and signpost them to the correct passport programme.