

LLANELLI

For more information please ask at reception or contact
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EASTER HOLIDAY TIMETABLE 15th - 28th APRIL 2019

PUBLIC SWIMMING / LANE SWIMMING / FAMILY SWIMMING SESSIONS MONDAY - FRIDAY (DAYTIME AND EVENING)

* MONDAY	TIMES		MAIN POOL	SMALL POOL	* MONDAY
	06:30	08:30	Lane Swimming (3 lanes) / Recreational Public Swimming (3 lanes)	Recreational Public Swimming (06.30-07.30)	
09:15	12:00	Family Swimming / Free Swimming (U16s 10:30 - 12:00)	Family Swimming		
12:00	13:30	Recreational Public Swimming / Lane Swimming (3 lanes)	Recreational Public Swimming (12:15-13:30)		
13:30	16:00	Family Swimming	Family Swimming		
21:00	22:00	Adult Lane Swimming	Adult Swimming		

TUESDAY	06:30	08:30	Lane Swimming / Recreational Public Swimming / FAST (3 lanes - 06:45 - 07:45)	Recreational Public Swimming (06.30-07.30)	TUESDAY
	08:30	09:15	Lane Swimming	CLOSED	
	09:15	12:00	Family Swimming / Free Swimming (U16s 10:30 - 12:00)	Family Swimming	
	12:00	13:30	Recreational Public Swimming / Lane Swimming (3 lanes)	Recreational Public Swimming (12:15-13:30)	
	13:30	16:00	Family Swimming	Family Swimming	
	17:00	18:00	Family Swimming (3 Lanes)	Family Swimming	
21:00	22:00	Adult Lane Swimming	Adult Swimming		

WEDNESDAY	06:30	08:30	Lane Swimming (2 lanes) / Recreational Public Swimming (2 lanes) / Swimming Club (2 lanes 6:30-7:30)	Recreational Public Swimming (06.30-07.30)	WEDNESDAY
	09:15	12:00	Family Swimming / Free Swimming (U16s 10:30 - 12:00)	Family Swimming	
	12:00	13:30	Recreational Public Swimming / Lane Swimming (3 lanes)	Recreational Public Swimming (12:15-13:30)	
	13:30	16:00	Family Swimming	Family Swimming	
	17:00	18:00	Family Swimming (3 Lanes)	Family Swimming	
	20:00	21:00	Family Swimming / Artistic Swimming Club (2 lanes)	Family Swimming	
21:00	22:00	Adult Lane Swimming	Adult Swimming		

THURSDAY	06:30	08:30	Lane Swimming / Recreational Public Swimming / FAST (3 lanes - 06:45 - 07:45)	Recreational Public Swimming (06.30-07.30)	THURSDAY
	08:30	09:15	Lane Swimming	CLOSED	
	09:15	12:00	Family Swimming / Free Swimming (U16s 10:30 - 12:00)	Family Swimming	
	12:00	13:30	Recreational Public Swimming / Lane Swimming (3 lanes)	Recreational Public Swimming (12:15-13:30)	
	13:30	16:00	Family Swimming	Family Swimming	
	21:00	22:00	Adult Lane Swimming	Adult Swimming	

Recreational Public Swimming - Free for 60+ years Monday to Sunday

* FRIDAY	06:30	08:30	Lane Swimming (3 lanes) / Recreational Public Swimming (3 lanes)	Recreational Public Swimming (06.30-07.30)	* FRIDAY
	09:15	12:00	Family Swimming / Free Swimming (U16s 10:30 - 12:00)	Family Swimming	
	12:00	13:30	Recreational Public Swimming / Lane Swimming (3 lanes)	Recreational Public Swimming (12:15-13:30)	
	13:30	17:00	Family Swimming (16:00-17:00 deep end laned off for Diving Development)	Family Swimming	
	20:30	21:30	Lane Swimming	Family Swimming	

WEEKENDS

SATURDAY	08:00	09:00	Lane Swimming (3 Lanes) / Recreational Public Swimming (3 Lanes)	CLOSED	SATURDAY
	09:00	12:00	Family Swimming	Family Swimming	
	12:00	13:00	Family Swimming / Recreational Public Swimming	Family Swimming	
	13:00	15:00	Family Swimming	Hydro Slide Open	
	15:00	16:00	Family Swimming / Free Swimming (U16s)	Free Swimming (U16s)	
	16:00	18:00	Pool Available for Hire	Pool Available for Hire	

* SUNDAY	08:00	09:00	Lane Swimming (3 Lanes) / Recreational Public Swimming (3 Lanes)	CLOSED	* SUNDAY
	09:00	12:00	Family Swimming	Family Swimming	
	12:00	13:00	Lane Swimming (2 lanes) / Free Swimming (U16s)	Hydro Slide Open	
	13:00	15:00	Pool Available for Party Hire	Pool Available for Party Hire	
	15:00	17:00	Family Swimming	Family Swimming	

*BANK HOLIDAYS & EASTER WEEKEND

*Good Friday	08:00	16:00	Family Swimming / Lane Swimming (3 Lanes)	Family Swimming
Saturday	08:00	18:00	Normal Opening Times	
*Easter Sunday			CLOSED	
*Easter Monday	08:00	16:00	Family Swimming / Lane Swimming (3 Lanes)	Family Swimming

LEARN TO SWIM PROGRAMME

ACTIVITY	DAYS	TIMES
Wave lessons	Mon 15th April	16:00 - 18:30 (Small Pool)
Wave lessons	Mon 15th April	16:00 - 19:00 (Main Pool)
Wave lessons	Wed 17th April	17:00 - 18:30 (Main & Small Pool)
Wave lessons	Fri 26th April	16:00-18:45 (Main Pool)
Wave lessons	Fri 26th April	16:00 - 18:30 (Small Pool)
Wave lessons	Sun 28th April	09:30-12:00 (Main & Small Pool)
Group Splash	Mondays - Sundays	No Lessons - Easter Break
Kick Start 7+	Mondays - Sundays	No Lessons - Easter Break
Junior FAST	Mondays - Sundays	No Lessons - Easter Break
Adult Lessons	Mondays - Sundays	No Lessons - Easter Break

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ACTIVITY	DAYS	TIMES
Aqua Fit	Monday	08:30 9:15
Aqua Fit	Wednesday	08:30 9:15
Aqua Fit	Friday	08:30 9:15

ADVANCED

ACTIVITY	DAYS	TIMES
FAST	Tuesday / Thursday	06:45 07:45
FAST	Tuesday / Thursday	20:00 21:00
Artistic Swimming Lessons	Monday	18:00 19:00
Diving Development	Monday	17:00 18:00
Diving Development	Friday	16:00 18:00

SWIMMING CLUBS / OTHER

ACTIVITY	DAYS	TIMES
Llanelli Surf Lifesaving Club	Thursday	19:00 20:00
Llanelli Surf Lifesaving Club	Sunday	17:00 18:00
Llanelli Sub-Aqua Club	Saturday	16:00 17:00
Llanelli Swimming Club	Monday	19:00 21:00
Llanelli Swimming Club	Tuesday	18:00 20:00
Llanelli Swimming Club	Wednesday	18:00 20:00
Llanelli Swimming Club	Thursday	17:30 19:00
Llanelli Swimming Club	Friday	18:00 20:30
Llanelli Swimming Club	Sunday	18:00 20:15
Artistic Swimming Club	Wednesday	20:00 21:00

