

LLANDOVERY

For more information please ask at reception or contact
Llandovery Leisure Centre on (01267) 224733

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www.actif.cymru | www.actif.wales

TERM TIME 29th APRIL - 21st JULY 2019

PUBLIC SWIMMING / LANE SWIMMING / FAMILY SWIMMING SESSIONS MONDAY - FRIDAY (DAYTIME AND EVENING)

MONDAY	TIMES		MAIN POOL	SMALL POOL	MONDAY
	12:00	13:00	Lane / Family Swimming	Lane / Family Swimming	
	13:00	14:00	Recreational Public Swimming	Recreational Public Swimming	
	14:00	15:00	Disability Session	CLOSED	
	17:00	18:00	Recreational Public Swimming	Recreational Public Swimming	
	18:00	19:30	Lane / Family Swimming	Lane / Family Swimming	

TUESDAY	12:00	13:00	Lane / Family Swimming	Lane / Family Swimming	TUESDAY
	13:00	14:00	Recreational Public Swimming	Recreational Public Swimming	
	14:00	16:00	Private Booking	Private Booking	
	17:45	19:00	Recreational Public Swimming	Recreational Public Swimming	

WEDNESDAY	7:30	8:15	Lane Swimming	CLOSED	WEDNESDAY
	8:15	9:00	Recreational Public Swimming	Recreational Public Swimming	
	12:00	13:00	Lane / Family Swimming	Lane / Family Swimming	
	13:00	14:00	Recreational Public Swimming	Recreational Public Swimming	
	18:30	19:30	Lane / Family Swimming	Recreational Public Swimming	

THURSDAY	12:00	13:00	Lane / Family Swimming	Lane / Family Swimming	THURSDAY
	13:00	14:00	Recreational Public Swimming	Recreational Public Swimming	
	14:00	15:55	Private Booking	Private Booking	
	18:00	19:00	Lane / Family Swimming	Lane / Family Swimming	
	19:00	21:00	Canoe Club	CLOSED	

FRIDAY	7:30	8:15	Lane Swimming	CLOSED	FRIDAY
	8:15	9:00	Recreational Public Swimming	Recreational Public Swimming	
	12:00	13:00	Lane / Family Swimming	Lane / Family Swimming	
	13:00	14:00	Recreational Public Swimming	Recreational Public Swimming	
	17:30	18:15	Lane / Family Swimming	Lane / Family Swimming	

Recreational Public Swimming: Free for 60+ years Monday to Friday and including Sunday



WEEKENDS

SUNDAY	09:30	11:00	Lane Swimming / Family Swimming	Lane Swimming / Family Swimming	SUNDAY
	11:00	12:00	Recreational Public Swimming	Recreational Public Swimming	
	12:00	14:00	Lane Swimming / Family Swimming	Lane Swimming / Family Swimming	

HEALTH SUITE

Weekdays	Monday, Tuesday, Thursday	12:00	19:00
	Wednesday, Friday	08:00	19:00
Sunday		09:30	14:00

LEARN TO SWIM PROGRAMME

ACTIVITY	DAYS	TIMES	
Wave / Splash Lessons	Tuesday	16:00	17:30
	Wednesday	15:55	18:30
	Thursday	15:55	18:00
	Friday	16:00	17:30
Group Splash	Friday	14:00	14:30
	Monday	11:00	11:45
Adult Lessons	Friday	18:15	19:00

SCHOOL SWIMMING

ACTIVITY	DAYS	TIMES	
School Swimming	Monday- Friday	09:00	12:00

ADVANCED

ACTIVITY	DAYS	TIMES	
Junior FAST	Wednesday	17:45	18:15
	Monday	16:00	16:45
Junior Rookie Lifeguard	Tuesday	17:00	17:45

SWIMMING CLUBS / OTHER

ACTIVITY	DAYS	TIMES	
Canoe Club	Thursday	19:00	21:00

