



# Junior Activities Timetable

## Carmarthen Leisure Centre

### MONDAY

Time	Activity	Coach	Age	Location	Cost
4.30 – 4:45pm	Skills Check	Ffion	-	Dance Studio	FREE*
5:00 – 5:45pm	Netball Passport	Ffion	-	Sports Hall	£15.40 a month
4:00-4:45pm	Soccer Tots	Ellis	3-4yrs	Squash Courts	£3.70
5:00-5:45pm	Mini Football	Ellis	5-8yrs	Sports Hall	£3.70

### TUESDAY

Time	Activity	Coach	Age	Location	Cost
4 – 4.45pm	Athletics Passport	Ellis	-	Dance Studio	£15.40 a month
5 – 5:45pm	Hockey Passport	Ffion	-	Sports Hall	£15.40 a month

### THURSDAY

Time	Activity	Coach	Age	Location	Cost
4:30-5:15pm	Skills For Sport Passport	Leah/Kayliegh	-	Dance Studio	£15.40 a month

### SATURDAY

Time	Activity	Coach	Age	Location	Cost
10am-10:45am	Cycling Passport	Kate	-	Sports Hall	£15.40 a month
9.30 – 10.30am	Squash (Beginners)	Jenny	7-16 yrs	Squash Courts	£3.50
10.30 – 12.30am	Squash (Improvers)	Jenny	7-16 yrs	Squash Courts	£3.50

\* **Skills check:** All children wishing to be part of one of our passport programmes will need to attend a Skills check session first so that we can assess your child and signpost them to the correct passport programme.

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